

WEAR AND CARE INSTRUCTIONS HIP ABDUCTION BRACE

You have just received a hip abduction brace. This brace is used to help control hip motion after your surgery or hip injury.

To put brace on:

1. Slide brace around waist and thigh. The waist portion should sit just above your hip bones. The thigh portion should encompass the mid to lower thigh.
2. Velcro straps, securing brace at waist and at thigh portions.

To take brace off:

1. Undo Velcro straps.
2. Slide brace off thigh and hips.

*Please note-

Consult your physician regarding times for wearing brace.
Clean pads as needed with mild detergent and air dry.

Please contact your orthotic practitioner if you
-need new pads.
-need adjustments to the range of motion hinge.
-have any questions or concerns.

